What to Bring

**Stage Combat:**
- Clothes you can readily move in for the stage combat modules.
- Shoes with support such as good cross-training shoes or sneakers and socks.
- Crew Neck T-shirts and/or long-sleeve T's. The room is often cold even in the summer.
- Dance or volleyball kneepads.
- Gloves to protect your hands during your stage combat training. Baseball batting gloves, fencing gauntlets or cheap gardening gloves are popular choices. *No fingerless gloves.*
- Eat breakfast and bring snacks to eat during the break after class to keep your energy up. Protein Bars are ideal.
- There are certain items such as any jewelry, hats or piercings that students are encouraged not to wear to class for safety reasons.

**Acting for the Camera:**
- A laptop, tablet or something to access the Internet because your work will be posted on YouTube daily.
- Something to take notes with
- Wear clothes you can readily move in unless instructed otherwise wear these each day!
- Notebook and pencil.
- Single 1-minute monologue memorized from a stage play. “Contemporary” monologue only, no classical or Shakespeare. Bring a typed copy of the monologue. Pick a role that is the same age as you are. This monologue will be presented the first day.

**Musical Theatre:**
- A towel
- Water Bottle
- Dance shoes or sneakers
- Clothes to move in
- Sheet music for a song you know for the first day of class bring sheet music for 2 songs to work on in class: 1 ballad, 1 up-tempo
- An audio recording device
- Notebook for notes
- Jeans and a colored t-shirt without writing on it for Show Your Stuff

**Make Up Design:**
- Makeup removal cloths
- Small storage container: about the size of a shoebox
- Makeup sponges: about 4 should be fine
- Smock or shirt as a cover up
- Head band or hair clips to keep hair off face: both male and female
- Toner or astringent to finish cleaning face
- Moisturizer (optional)
- Ben Nye Crème Personal Makeup Kit: approximately $25.00–30.00